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DR. NOVOTNY WOUND CARE INSTRUCTIONS FOR KNEE

Please remove Ace bandage on post-operative day #2

MEPILEX with Acticoat dressing:

- Leave in place until post-operative day #7. Dressing is **NOT** waterproof. Do **NOT** get wet.
- Please sponge bath or wrap the knee in saran wrap to waterproof the dressing.
- Once the dressing is removed, cleanse the staples with alcohol once and leave open to air.
- If no drainage, ok to shower. Ok to allow soap and water to run over the incision. Pat dry.
- If there is drainage, cover with a bandage and continue to sponge bath.

PICO dressing:

- Please leave dressing in place until post-operative follow-up appointment (usually between day 6-8)
- Remove the battery pack prior to showering. The tip of the PICO is left outside the shower and keep the dressing out of the direct line of water.
- Re-attach the battery pack once shower is complete.
- Press orange button to restart battery pack.