

Nutrition and Diabetes Services

*physician referral is required for services

Phone number for info and appointment scheduling: 309-556-7230

Address:

Carle BroMenn Outpatient Center
3024 E Empire St
Third floor/Suite D
Bloomington IL 61704

Diabetes:

Individual or group diabetes self-management education sessions. Topics include nutrition, exercise, blood sugar testing, and medications

Individualized meal planning

Pre-diabetes consultation

Gestational Diabetes consultation

Insulin pump therapy- initial education and ongoing management, if necessary

Continuous glucose monitoring system-used to identify low or high glucose trends or fine tune your diabetes therapy without tracking finger sticks along

Nutrition:

Cardiac risk reduction

Pregnancy concerns

Weight management (adult and pediatric)

Individual meal planning

Celiac disease (gluten-free) consultation

Other nutrition needs as referred by a physician

Bariatric Surgery

(217) 383-4672 for services in Bloomington-Normal

For more information go to: carle.org/bariatrics

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Third Floor, Suite C

Bloomington, IL 61704

Surgery options: Laparoscopic Gastric Bypass, Laparoscopic Sleeve Gastrectomy

Requirements: BMI >35-39.9 kg/m² with comorbid condition associated with obesity or BMI >40 kg/m² with no comorbid condition

Things to consider:

Readiness to lose weight

Previous non-surgical weight loss efforts

Ability to comprehend surgery, surgical implications and complications, nutrition lifestyle modifications necessary for lifelong success