

# Medications Prior to Surgery

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## DO NOT TAKE:

- Diabetic medications (oral): All oral hypoglycemic meds should be discontinued on the day of surgery or as instructed by Anesthesia.
- Insulin/diabetic patients: NO insulin morning of surgery unless surgery is scheduled after 11:00 am. If surgery is scheduled after 11:00 am, the patient should take ½ of the usual AM dose. If insulin is a PM med, take ½ dose the night before surgery or as instructed by Anesthesia.
- Vitamins/iron: Do not take the day of surgery, may resume after surgery.
- Diuretics: Discontinue on the day of surgery except Triamterene or HCTZ if used antihypertensive agent or as instructed by Anesthesia.
- Premarin/Estrogen: Discontinue at least 1 week prior to surgery, may resume as instructed by surgeon.
- Prednisone: Do not take the day of surgery or as instructed by Anesthesia (Anesthesia will give IV steroids during procedure if needed).
- Diet Pill: All diet pills should be discontinued 2 weeks before surgery may resume per surgeon.
- Anti-inflammatories: Stop 1 week before surgery (Ibuprofen, Aleve, Naproxen, Meloxicam).
- Herbs/Supplements/Vitamin E/Fish Oil: discontinue 2 weeks before surgery, may resume as instructed per surgeon.

## You MAY take usual dose morning of surgery:

- Beta Blockers and any antihypertensive medications (blood pressure)
- Cardiac medications (heart)
- Asthma medications and inhalers
- Seizure medications
- Antidepressants/anti-anxiety medication
- MAOIs (anti-depressants)
- Antacids/ Heartburn medications
- Thyroid medication
- Continue birth control and estrogen if used for cancer therapy
- Pain medications (not anti-inflammatories)

## Refer to primary care physician/cardiologist/ordering physician regarding when to stop:

- Aspirin
- Plavix/ Eliquis/ Xarelto/ Brilinta
- Coumadin
- Lovenox
- Autoimmune medications (Humira, Remicade, Imuran, Methotrexate, Enbrel, Orenicia)